

- Psychotherapy
- Medication management
- Other:

Moving Forward:

- Gather verbal permission for psychiatry consultation
- Establish frequency of monitoring and next contact
- Obtain contact information
 - Best time to call
 - Permission to talk to others
 - Permission to leave a voicemail
 - Confirm mailing address
 - Obtain email address if organization allows for secure email contacts
 - Communicate your contact information
- Send new patient packet with materials as appropriate

¹This resource can be found at <http://mccist.org/training/behavioral-health-care-manager/>