

This document outlines recommended training for clinical supervisors for the Collaborative Care (CoCM) program. While we strongly recommend completing all the training tasks as indicated, training should be adjusted based on the clinical supervisor’s clinical experience and knowledge of CoCM. The CoCM basic training tasks should be completed before engaging in the intermediate skill tasks and shadowing of clinic activities.

Format of Training Materials

Recorded Webinar	These training videos can be found here . Look for instructional materials matching the title of the training task here .
Online Materials	Materials related to clinical training can be found here . Materials related to program operations can be found here .
Live Shadowing/Videoconference	Observing an existing CoCM program, either within your health center or an external organization.
Existing Clinic Resources	Review resources currently used by your health center.
Suggested Texts	Review recommended reading on the desired topic here . Look for resources matching the title of the training task.

Training Tasks	Time	Format	Self-Paced	Required
Collaborative Care Basics				
Collaborative Care Overview: Team member roles	45 min.	Recorded webinar	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Review MCCIST and UW AIMS websites, including “Care Manager Essentials”	3 hrs.	mccist.org , aims.uw.edu	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Panel review: Format, case presentation, documentation	1 hr.	Recorded webinar, online materials	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Clinical workflow	20 min.	Online materials, live shadowing/existing clinic resources	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Pitching the program to patients and providers: Script and practice	15 min.	Online materials, live shadowing, existing clinic resources	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Time Needed for Training:		Approximately 6.5 hrs.		

Collaborative Care Intermediate Skills				
Collaborative Care Intake and Assessment: Content, format, documentation	1 hr.	Recorded webinar, online materials	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Documentation: Forms, sharing, and customizing	1 hr.	Online materials, existing clinic resources	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Outcome measures: PHQ-9, GAD-7, AUDIT-C, CIDI, and MoCA	30 min.	Online materials	<input type="checkbox"/>	<input type="checkbox"/>
Levels of Care: Triage, assigning level and contact frequency, referrals	15 min.	Online materials, existing clinic resources	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Self-Management Planning from a Motivational Interviewing Perspective	45 min.	Recorded webinar	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Relapse Prevention Planning	30 min.	Recorded webinar, online materials	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Monitoring and reporting: Enrollment, outcomes, and fidelity measures	2 hr.	Online materials, existing clinic resources	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Time Needed for Training:		Approximately 6 hrs.		

Training Tasks	Time	Format	Self-Paced	Required
Shadowing of Clinic Activities				
Collaborative Care Intake	30-60 min.	Live shadowing/videoconference	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Panel review: Format, case presentation	1-2 hrs.	Live shadowing/videoconference	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Patient registry: Population health monitoring, systematically sorting patients	1 hr.	Live shadowing/videoconference	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Caseload review: Providing population health oversight	2 hr.	Live shadowing, online materials	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Monitoring and reporting: Enrollment, outcomes, and fidelity measures	2 hr.	Live shadowing, online materials	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Time Needed for Training:		Approximately 6.5-8 hrs.		

The clinical supervisor will be responsible for providing behavioral health oversight to the BHCM(s) and CoCM program. They should review the following skills that are central to CoCM to ensure familiarity and comfort. Additional training should be completed as necessary. The following online materials and recorded webinars can be found on the [website](#).

Training Tasks	Time	Format	Self-Paced	Required
Clinical Skills				
Risk Assessment and Safety Planning: Didactic, skills assessment, role play, legal obligations (e.g., petitioning for care, filing a 3200, duty to warn)	1 hr.	Webinar, online materials	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Psychopharmacology and Medication Monitoring	2 hrs.	Recorded webinar and follow-up quiz	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Diagnostic knowledge of common behavioral health conditions seen in CoCM settings (e.g., depression, anxiety, SUD); role play assessments if needed	30 min.	Online materials	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Psychoeducation for common behavioral health conditions seen in CoCM settings (e.g., depression, anxiety, SUD, bipolar disorder)	30-60 min.	Online materials	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Behavioral activation: Basic training	1 hr.	Recorded webinar	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Motivational Interviewing: Basic training; plan further training as needed	1 hr.	Online materials, suggested texts	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Problem-Solving Therapy: Basic training	30 min.	Recorded webinar	<input checked="" type="checkbox"/>	<input type="checkbox"/>
SBIRT: Basic training	2 hrs.	Recorded webinar	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Referrals and resources in the community (e.g., psychotherapy, SUD treatment, housing, transportation, etc.)	20 min.	Existing clinic resources	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Time Needed for Training:		Approximately 9-9.5 hrs.		